

Cutting Edge Seminar

Wednesday April 10, 2024, 12PM

Leveraging Optimization Methods and Digital Health to Improve Sleep Disturbance in Cancer Survivorship

CON 416 or by Zoom

Contact Office of Research & Scholarship for meeting link



Rina Fox, PhD, MPH

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Rina S. Fox, PhD, MPH is a licensed clinical psychologist, an Assistant Professor at the University of Arizona College of Nursing, and a Member of the Cancer Prevention and Control Program of the University of Arizona Cancer Center. Her research is focused on developing and testing cognitive behavioral strategies to help individuals with chronic illnesses, particularly cancer, have better quality of life and lower symptom burden, with a focus on sleep. She received a PhD in Clinical Psychology with a focus on Behavioral Medicine from the San Diego State University / University of California, San Diego Joint Doctoral Program in Clinical Psychology, an MPH with a focus on Epidemiology from the San Diego State University Graduate School of Public Health, and a BA in Psychology and Spanish from Tufts University.